



Grace's Story

At 19, Grace found out she was pregnant. She was living with her aunt, where she took care of her four younger cousins, managed household chores, attended school, and worked. She moved into a youth shelter after her aunt kicked her out, but soon had to find new accommodations as she couldn't have her baby at the shelter.

Desperate for stability, she discovered Abiona Centre. Our Live-In Treatment and Transitional Housing programs provided a safe place where she could finally focus on building a future. The staff at Abiona Centre offered their assistance and helped her plan for life beyond the Centre.

"I have built really great relationships with other moms. We go out together sometimes, we even have a bible study group and it's amazing."

Grace now looks forward to a bright future for herself and her daughter, Jasmine. The availability of childcare at the Centre allows her to focus on her studies, and she is excited to finally complete her education and secure a job. She plans to enroll in a program funded by Ontario Works and take advantage of our Baby and Me rent subsidy program, which will help support her as she transitions to independent living.