



Abiona Centre
For Infant & Early Mental Health

July 2024

Abiona Centre EarlyON Child and Family Program
1102 Broadview Avenue, Toronto ON M4K 2S5 416-425-3636



Monday

Tuesday

Wednesday

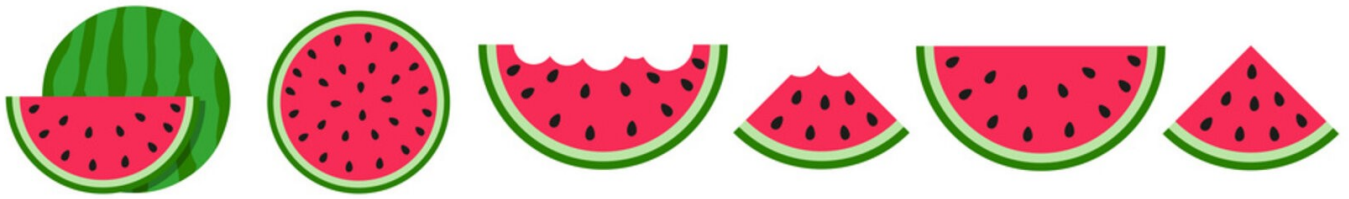
Thursday

Friday

Saturday

<p>1</p> <p>- CLOSED - CANADA DAY</p> 	<p>2</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Popsicle Stick Flags 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>3</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Firework Stamping 9:00am-12:00pm</p> <p>Arts & Chats [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>4</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] DIY Snack Art 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>5</p> <p>Morning Drop-In @ Withrow Park [0 to 6 years] 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm - 4:00pm</p>	<p>6</p> <p>Program Closed</p>
<p>8</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Ants in Sand 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm-4:00pm</p>	<p>9</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Paint Stamping Ants 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>10</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Teddy Bear Picnic 9:00am-12:00pm</p> <p>Arts & Chats [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>11</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Visit from TTC Driver Nick 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>12</p> <p>Morning Drop-In @ Gamble Park [0 to 6 years] 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm - 4:00pm</p>	<p>13</p> <p>Saturday Drop In @Livingstone Park 9:00 am—12:00 pm</p>
<p>15</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 years] Moon Sand 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm-4:00pm</p>	<p>16</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Spider Web Art 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>17</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Seashell Painting 9:00am-12:00pm</p> <p>Arts & Chats [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>18</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Handprint Nail Painting 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>19</p> <p>Morning Drop-In @ Dieppe Park [0 to 6 years] 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm - 4:00pm</p>	<p>20</p> <p>Program Closed</p>
<p>22</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 years] Dandelion Waterplay 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm-4:00pm</p>	<p>23</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Ball Rolling Art 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>24</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Turtle Craft 9:00am-12:00pm</p> <p>Arts & Chats [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>25</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Collage Pizzas 9:00am-12:00pm</p> <p>Walk and Visit to Pape Library [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>26</p> <p>Morning Drop-In @ Livingstone Park [0 to 6 years] 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm - 4:00pm</p>	<p>27</p> <p>Program Closed</p>
<p>28</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 years] Seaside Playdough 9:00am-12:00pm</p> <p>Infant and Toddler Time [0 to 18 months] 2:00pm-4:00pm</p>	<p>29</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Watercolour Fishes 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>30</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Octopus Craft 9:00am-12:00pm</p> <p>Arts & Chats [0 to 6 yrs] 2:00 pm—4:00 pm</p>	<p>31</p> <p>Breakfast Club [0 to 6 yrs] 8:00 am—9:00 am</p> <p>Morning Drop-In [0 to 6 yrs] Rock Painting 9:00am-12:00pm</p> <p>Afternoon Drop In [0 to 6 yrs] 2:00 pm—4:00 pm</p>	 <p>Positive Space</p>	





OUR PROGRAMS

Morning and Afternoon Drop-In [0–6 years]

Our morning and afternoon drop in program is for children ages 0–6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children’s lead while playing with them and use age appropriate language to describe their play so to enhance the child’s memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [0-18 mths]

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant’s senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies’ emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

Community Breakfast Club [0 to 6 years] A program to teach parents to budget, plan and cook healthy breakfasts for their families.

Arts and Chats with EarlyON Staff [0 - 6 years] every Wednesday from 2:00 pm–4:00pm. Join the EarlyON team as we create art and crafts and share a tea or coffee.

Please call 416-425-3636 or email earlyongroup@abionacentre.ca to Register

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250
For Native Child and Family Services EarlyON programming call 416-969-8510 for more information*

ABIONA CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Abiona Centre- MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child’s developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings - Ages and Stages Questionnaire - so they can learn if their child’s development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children’s development. For more information or to schedule an ASQ Screening, contact an EarlyON staff member at: earlyongroup@abionacentre.ca

WHAT’S HAPPENING THIS MONTH?

July 1st—Closed Today—Happy Canada Day

July 10th—Teddy Bear Picnic Day—Bring your favourite stuffy and blanket for a fun picnic together.

July 11th—Visit from TTC Operator Nick @ 9:30 am

July 13th—EarlyON in the Park—Come join us for a special Saturday Program at Livingstone Park.

9:00 am—12:00 pm.

July 25th—Walk and Visit to Toronto Public Library (1081 1/2 Pape Ave). Come walk with us or meet us there.

2:00 PM—4:00 PM.

EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor @ 416-425-6348

