






Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Morning Drop-In [0 to 6 years] Rock Painting 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	2 Morning Drop-In [0 to 6 years] Body Tracing 9:00am-12:00pm **Pre-Reg Food 4 Thought [Moms 13—25 years] 3:00 pm—6:00 pm	3 Morning Drop-In [0 to 6 years] CD Watercolours 9:00am-12:00pm Baby and Me Drop-in [0 to 18 months] 2:00pm - 4:00pm	4 Program Closed
6 Morning Drop-In [0 to 6 years] Making Shakers 9:00am-12:00pm Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm	7 Morning Drop-In [0 to 6 years] Bird Feeders 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-3:30pm	8 Morning Drop-In [0 to 6 years] Fox Puppets 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	9 Morning Drop-In [0 to 6 years] Making Masks 9:00am-12:00pm **Pre-Reg Cultural Community Cooking [0 to 6 years] 2:00 pm—4:00 pm	10 Morning Drop-In [0 to 6 years] 9:00am-12:00pm Mother's Day Brunch Baby and Me Drop-in [0 to 18 months] Baby Foot Print Magnets 2:00pm - 4:00pm	11 Program Closed
13 Morning Drop-In [0 to 6 years] Making Playdough 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-4:00pm  Program Change	14 Morning Drop-In [0 to 6 years] Messy Art 9:00am-12:00pm ASQs & TPH Nurse Visits **Pre-Reg Baby Love [2 to 15 months] 2:00 pm—4:00 pm  Program Change	15 Morning Drop-In [0 to 6 years] Handprint Flower 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	16 Morning Drop-In [0 to 6 years] Sponge Painting 9:00am-12:00pm **Pre-Reg Food 4 Thought [Moms 13—25 years] 3:00 pm—6:00 pm	17 Morning Drop-In [0 to 6 years] Magic Viewers 9:00am-12:00pm Baby and Me Drop-in [0 to 18 months] 2:00pm - 4:00pm	18 Program Closed
20 Program Closed Victoria Day	21 Morning Drop-In [0 to 6 years] Baking Soda and Vinegar Experiment 9:00am-12:00pm **Pre-Reg Baby Love [2 to 15 months] 2:00 pm—4:00 pm	22 Morning Drop-In [0 to 6 years] Lady Bug Plates 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	23 Morning Drop-In [0 to 6 years] Decorating Flowers 9:00am-12:00pm **Pre-Reg Cultural Community Cooking [0 to 6 years] 2:00 pm—4:00 pm	24 Morning Drop-In [0 to 6 years] Painting on Mirrors 9:00am-12:00pm Baby and Me Drop-in [0 to 18 months] 2:00pm - 4:00pm	25 Program Closed
27 Morning Drop-In [0-6 years] Magic Milk 9:00am-12:00pm Afternoon Drop-in [0 to 18 months] 2:00pm-4:00pm	28 Morning Drop-In [0 to 6 years] Making Party Hats 9:00am-12:00pm May Birthday Party **Pre-Reg Baby Love [2 to 15 months] 2:00 pm—4:00 pm	29 Morning Drop-In [0 to 6 years] Chalk Boards 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	30 Morning Drop-In [0 to 6 years] Spoon Puppets 9:00am-12:00pm **Pre-Reg Food 4 Thought [Moms 13—25 years] 3:00 pm—6:00 pm	31 Morning Drop-In [0 to 6 years] Nature Paint Brushes 9:00am-12:00pm Baby and Me Drop-in [0 to 18 months] 2:00pm - 4:00pm	 Positive Space





OUR PROGRAMS

Morning and Afternoon Drop-In [0-6 yrs.]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

**[Pre-Reg] Pre-Registered Programs & Activities

Baby Love [2 months-15 months] is a 7-week group for you and your baby designed to help you as a caregiver understand and respond to your baby's emotional cues through activities, discussions and play. Join our Baby Love group to learn with other parents and build a secure connection with your baby.

Young Parents Breakfast Club [Moms 13-25 years] A program to teach young parents to budget, plan and cook healthy breakfasts for their families. This pre-registered program runs Monday-Friday from 7:30 am-9:00 am.

Arts and Chats with EarlyON Staff [0 - 6 years] every Wednesday from 2:00 pm-4:00pm. Join the EarlyON team as we create art and crafts and share a tea or coffee. Registration Required.

Cultural Community Cooking [0-6 years] Let's learn to cook together! Join us every second Thursday to learn new recipes from the EarlyON Staff and Community. Registration Required.

Food 4 Thought [Moms 13-25 years] A program designed for young moms to improve cooking skills including knowledge in technique, meal planning and how to create healthier meals.

Please call 416-425-3636 or email earlyongroup@abionacentre.ca to Register

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250
For Native Child and Family Services EarlyON programming call 416-969-8510 for more information*

ABIONA CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Abiona Centre- MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings - Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information or to schedule an ASQ Screening, contact an EarlyON staff member at: earlyongroup@abionacentre.ca

WHAT'S HAPPENING THIS MONTH?

May 3rd-12th-Wild Flower Week

May 5th-Cinco de Mayo

May 8th-VE Day

May 12th-Mother's Day

May 20th-Program Closed-Victoria Day

Special Events:

May 10th-Mother's Day Brunch

May 14th-ASQs with Danielle from Kuumba
10:30 am-11:30 am

May 14th-Visit from Public Health Nurse Debbie
9:30 am

May 27th-Visit from Public Health Nurse Debbie
2:00 pm

May 28th-May Birthday Party: join us during our Morning Drop In Program to celebrate this month's birthdays

EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor @ 416-425-6348

