



# Abiona Centre

## For Infant & Early Mental Health

### ABIONA CENTRE BOARD OF DIRECTORS

#### VOLUNTEER POSITION AVAILABLE

**Abiona Centre (“the Centre”)** is an award-winning, accredited Infant and Early Mental Health Centre that is a multi-service, non-profit, unionized, community-based agency located in the east end of Toronto. The Centre is committed to creating a better future for vulnerable pregnant and parenting young mothers and their children 0-6. Our infant and early mental health programs, live-in treatment program, transitional housing; onsite high school program, community housing support and referral services give our clients the tools they need to build secure relationships with their babies, cope with life’s adversities, find help when needed and succeed in life. The Centre also operates an EarlyON Child and Family Centre and an Early Learning Centre. Our EarlyON and Early Learning Centres are open to families, young women and their children living in the broader community.

The Board of Directors meets five to seven times per year, has a committee structure, and is a policy governance Board that assists with fundraising and works in close partnership with the senior management team.

We anticipate that we will have at least one (1) vacancy on our Board at the end of this current board year. The position must be filled immediately following our AGM in September 2024. We are especially looking for qualified candidates who have a background as follows:

- Previous experience serving on a non-profit Board or have received formal board training
- Possess skills and expertise in human resources or marketing, or fundraising
- Competence in issues of Equity, Diversity and Inclusion (EDI) or represent a dimension of EDI
- Have a background in health or mental health or social services or finance or other relevant experiences
- Possess skills and knowledge of government relations
- A willingness to be an advocate or ambassador for the Abiona Centre within your network of friends and contacts
- Possess an understanding of the level of strategic communication needs at the Board level to support decision-making
- Knowledge of the issues impacting vulnerable young mothers and their babies as well as families with children 0-6
- Have lived experience
- A part of, or want to contribute to, the East York community.

**Volunteer time:** 9-10 hours per month

**Term:** The new positions are available September 2024 and require a 6-year commitment for two consecutive 3-year terms.

We offer you the opportunity to be part of a great team of dedicated people advocating for a world where families led by young mothers will have the emotional and physical supports to realize their full potential.

It is a requirement that all members of the Abiona Centre Board of Directors complete a criminal reference check and vulnerable sector screening to be administered by the police services in their local municipality.

If you are interested in joining the Abiona Centre Board of Directors please contact Ekua Asabea Blair, President & CEO, at 416-425-6348, or send your CV to [eblair@abionacentre.ca](mailto:eblair@abionacentre.ca).

**The deadline for applications is Friday, April 19, 2024.**