

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Morning Drop-In [0 to 6 years] Pattern Collages 9:00am-12:00pm Circle with Kristi Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	2 Morning Drop-In [0 to 6 years] Groundhog Paper Bag Puppets 9:00am-12:00pm Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm	3 Program Closed 
5 Morning Drop-In [0 to 6 years] Colouring Snow 9:00am-12:00pm Infant and Toddler Drop-in [0 to 18 months] Valentine Footprints 2:00pm-4:00pm	6 Morning Drop-In [0 to 6 years] Mosaic Sun Catchers 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	7 Morning Drop-In [0 to 6 years] Handprint Love Bug 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	8 Morning Drop-In [0 to 6 years] Rocking the Bus Art 9:00am-12:00pm Circle with Kristi ASQs with Kuumba **Pre-Reg Food 4 Thought [Moms 13—25 years]	9 Morning Drop-In [0 to 6 years] New Year Lanterns 9:00am-12:00pm TPL Librarian Visit Baby and Me Drop-in [0 to 12 months] Valentine Footprints 2:00pm - 4:00pm	10 Program Closed 
12 Morning Drop-In [0-6 years] Magic Milk Activity 9:00am-12:00pm Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm	13 Morning Drop-In [0 to 6 years] Decorating Masks 9:00am-12:00pm Pancake Tuesday Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm 	14 Morning Drop-In [0 to 6 years] Valentines Day Breakfast 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	15 Morning Drop-In [0 to 6 years] Family Bracelets 9:00am-12:00pm Circle with Kristi Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	16 Morning Drop-In [0 to 6 years] Family Handprint Wreath 9:00am-12:00pm Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm Public Health Nurse Visit	17 Program Closed
19 Program Closed -Family Day-	20 Morning Drop-In [0 to 6 years] Traffic Light Craft 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	21 Morning Drop-In [0 to 6 years] Black Lives Matter Rock Painting 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	22 Morning Drop-In [0 to 6 years] MLK Jr.'s Dream 9:00am-12:00pm ASQs with Kuumba **Pre-Reg Food 4 Thought [Moms 13—25 years] 3:00 pm—6:00 pm	23 Morning Drop-In [0 to 6 years] Lady Bug Handprint 9:00am-12:00pm Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm	24 Program Closed
26 Morning Drop-In [0-6 years] Making Playdough 9:00am-12:00pm Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm	27 Morning Drop-In [0 to 6 years] Bubble Wrap Painting 9:00am-12:00pm Public Health Nurse Visit Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	28 Morning Drop-In [0 to 6 years] Finger Print Shapes 9:00am-12:00pm **Pre-Reg Arts & Chats [2.5 to 6 years] 2:00pm-4:00pm	29 Morning Drop-In [0 to 6 years] Building with Popsicle Sticks 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-3:30pm		





OUR PROGRAMS

Morning and Afternoon Drop-In [0-6 yrs.]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

**[Pre-Reg] Pre-Registered Activities

Arts and Chats with EarlyON Staff [0 - 6 years] every Wednesday from 2:00 pm—4:00pm. Join the EarlyON team as we create art and crafts and share a tea or coffee. Registration is required to ensure we have enough supplies for everyone.

Please call 416-425-3636 or email earlyongroup@abionacentre.ca to Register

Food 4 Thought [Moms 13—25 years] A program designed for young moms to improve cooking skills including knowledge in technique, meal planning and how to create healthier meals.

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250
For Native Child and Family Services EarlyON*

ABIONA CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Abiona Centre-MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact EarlyON staff.

WHAT'S HAPPENING THIS MONTH?

All of February—Black History Month
February 2—Groundhog Day
February 8-13—Brazilian Carnival
February 10—Lunar New Year, Chinese New Year
February 13—Mardi Gras, Shrove Tuesday
February 14—Valentine's Day, Ash Wednesday
February 19—Family Day—Program Closed

Special Guests:

February 9—Visit from Toronto Public Library Children's Librarian Shannon Keith @11:00 am
February 8 & 22—ASQs with Danielle from Kuumba
February 1, 8 & 15—Circle Time with Early Literacy Specialist Kristi Block
February 16 & 27—Public Health Nurse Visit

EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor at 416-425-6348

