

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>Program Closed</div> <div>Happy New Year!</div>	<div>2</div> <div>Morning Drop-In [0 to 6 years] Firework Art 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>3</div> <div>Morning Drop-In [0 to 6 years] Snowball Painting 9:00am-12:00pm</div> <div>**Pre-Reg Arts &amp; Chats [0 to 6 years] 2:00pm-4:00pm</div>	<div>4</div> <div>Morning Drop-In [0 to 6 years] Tinfoil Icicle Art Circle Time with Kristi 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>5</div> <div>Morning Drop-In [0 to 6 years] Pinecone Birdfeeders 9:00am-12:00pm</div> <div>Baby and Me Drop-in [0 to 12 months] 2:00pm-4:00pm</div> <div></div>	<div>6</div> <div>Program Closed</div>
<div>8</div> <div>Morning Drop-In [0 to 6 years] Making Playdough 9:00am-12:00pm</div> <div>Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm</div>	<div>9</div> <div>Morning Drop-In [0 to 6 years] Snowy Trees Finger Painting Kuumba Workshop 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>10</div> <div>Morning Drop-In [0 to 6 years] Shakers Circle Time 9:00am-12:00pm</div> <div>**Pre-Reg Arts &amp; Chats [0 to 6 years] 2:00pm-4:00pm</div>	<div>11</div> <div>Morning Drop-In [0 to 6 years] Paint Splat Penguins ASQs with Kuumba Circle Time with Kristi 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>12</div> <div>Morning Drop-In [0 to 6 years] Group Art: Mack Tack Snowman 9:00am-12:00pm</div> <div>Baby and Me Drop-in [0 to 12 months] 2:00pm-4:00pm</div>	<div>13</div> <div>Program Closed</div>
<div>15</div> <div>Morning Drop-In [0-6 years] Painting Snow 9:00am-12:00pm</div> <div>Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm</div>	<div>16</div> <div>Morning Drop-In [0 to 6 years] Snowy Owl Loofa Art 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>17</div> <div>Morning Drop-In [0 to 6 years] Paper Plate Fox 9:00am-12:00pm</div> <div>**Pre-Reg Arts &amp; Chats [0 to 6 years] 2:00pm-4:00pm</div>	<div>18</div> <div>Morning Drop-In [0 to 6 years] Snowflake Stamp Art Circle Time with Kristi 9:00am-12:00pm</div> <div>**Pre-Reg Food 4 Thought [Moms 13—25 years] 3:00 pm—6:00 pm</div>	<div>19</div> <div>Morning Drop-In [0 to 6 years] Pom Pom Mittens 9:00am-12:00pm</div> <div>Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm</div>	<div>20</div> <div>Program Closed</div>
<div>22</div> <div>Morning Drop-In [0-6 years] DIY Sensory Bags 9:00am-12:00pm</div> <div>Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm</div>	<div>23</div> <div>Morning Drop-In [0 to 6 years] Fork Painting Kuumba Workshop 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>24</div> <div>Morning Drop-In [0 to 6 years] Bean Bag Circle Time 9:00am-12:00pm</div> <div>**Pre-Reg Arts &amp; Chats [0 to 6 years] 2:00pm-4:00pm</div>	<div>25</div> <div>Morning Drop-In [0 to 6 years] Creating Family Crests ASQs with Kuumba 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div> <div></div>	<div>26</div> <div>Morning Drop-In [0 to 6 years] Paper Plate Bears 9:00am-12:00pm</div> <div>Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm</div>	<div>27</div> <div>Program Closed</div>
<div>29</div> <div>Morning Drop-In [0-6 years] Sparkly Snow Dough 9:00am-12:00pm</div> <div>Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm</div>	<div>30</div> <div>Morning Drop-In [0 to 6 years] Snow Storm Painting 9:00am-12:00pm</div> <div>Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm</div>	<div>31</div> <div>Morning Drop-In [0 to 6 years] Popsicle Stick Snowman 9:00am-12:00pm</div> <div>**Pre-Reg Arts &amp; Chats [0 to 6 years] 2:00pm-4:00pm</div>		<div> Positive Space</div>	







## OUR PROGRAMS

**Morning and Afternoon Drop-In [0-6 yrs.]**

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

**Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]**

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

**\*\*[Pre-Reg] Pre-Registered Activities**

**Arts and Chats with EarlyON Staff** [0 - 6 years] every Wednesday from 2:00 pm—4:00pm. Join the EarlyON team as we create art and crafts and share a tea or coffee. Registration is required to ensure we have enough supplies for everyone.

**Please call 416-425-3636 or email [earlyongroup@abionacentre.ca](mailto:earlyongroup@abionacentre.ca) to Register**

**Food 4 Thought** [Moms 13—25 years] A program designed for young moms to improve cooking skills including knowledge in technique, meal planning and how to create healthier meals.

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250  
For Native Child and Family Services EarlyON*

## ABIONA CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Abiona Centre-MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact EarlyON staff.

## WHAT'S HAPPENING THIS MONTH?

**January 1st**—New Year's Day (Program Closed)

**January 5th**—National Bird Day

**January 15th**—Martin Luther King Jr. Day

**January 25th**—Robbie Burns Day

**January 27th**—Family Literacy Day

**January 31st**—National Hot Chocolate Day

**Additional Programming**

**January 4th, 11th & 18th**—Circle Time with Early Literacy Specialist Kristi Block

**January 11th & 25th**—ASQs with Danielle from Kuumba

**January 9th & 23rd**—Workshop with Maryam from Kuumba

## EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor at 416-425-6348

