

# December 2023

Early ON
Child and Family Centre
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Centre pour l'anfant et la famille

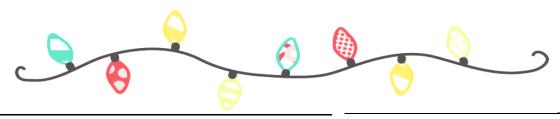
Abiona Centre EarlyON Child and Family Program

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1102 Broadview Avenue, Toronto ON M4K 2S5 416-425-3636

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Positive Space				1 Morning Drop-In Snowplow Trays [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in Bob Rumball Baby ASL Workshop [0 to 12 months] 2:00pm - 4:00pm	Program Closed
4 Morning Drop-In Peppermint Playdough [0 to 6 years] 9:00am-12:00pm  Infant and Toddler Drop-in Baby Canvas Art [0 to 18 months] 2:00pm-4:00pm	5 Morning Drop-In Spelling Snowpeople Kuumba: Sleep Hygiene [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Baby Love [2 to 18 months] 2:00pm-4:00pm	6 Morning Drop-In Frosted Pinecones [0 to 6 years] 9:00am-12:00pm **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	7 Morning Drop-In Paper Candles [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	8 Morning Drop-In Ice Paint Brushes [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in Baby Canvas Art [0 to 12 months] 2:00pm - 4:00pm	9 Program Closed
Morning Drop-In Salt Dough Ornaments Visit with Dave Page [0-6 years] 9:00am-12:00pm Infant and Toddler Drop-in Designing Baby Onesies [0 to 18 months] 2:00pm-4:00pm	Morning Drop-In Painting Ornaments Kuumba: Healthy Eating [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Baby Love [2 to 18 months] 2:00pm-4:00pm	13 Morning Drop-In Tape Resist Group Art [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Arts & Chats Decorating Cookies [0 to 6 years] 2:00pm-4:00pm	Morning Drop-In Beaded Candy Canes Circle time with Kristi [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Food 4 Thought [Moms 13—25 years] 4:00 pm—6:00 pm	Holiday Party 10:00 am—2:00 pm	Program Closed
Morning Drop-In Instant Snow Exploration [0-6 years] 9:00am-12:00pm  Infant and Toddler Drop-in [0 to 18 months] 2:00pm-4:00pm	Morning Drop-In Fork Painted Animals [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Baby Love [2 to 18 months] 2:00pm-4:00pm	20 Morning Drop-In Bauble Painting [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Arts & Chats Make Your Own Ornament [0 to 6 years] 2:00pm-4:00pm	Morning Drop-In Pajamas & Movie Day Circle time with Kristi [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	Morning Drop-In Decorating Cookies [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in [0 to 12 months] 2:00pm - 4:00pm	Program Closed
Program Closed	Program Closed	Morning Drop-In Salt Drawings [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Arts & Chats [0 to 6 years] 2:00pm-4:00pm	Morning Drop-In Winter Sensory Bags Circle time with Kristi [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years] 2:00pm-3:00pm	29  Morning Drop-In  Puffy Snow Paint  [0 to 6 years]  9:00am-12:00pm  Baby and Me Drop-in  [0 to 12 months]  2:00pm - 4:00pm	30 Program Closed





# OUR PROGRAMS

Morning and Afternoon Drop-In [0-6 yrs.]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and Caregivers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources.

Infant and Toddler Time [0-18 mths] and

Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]
Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movement help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more. and many more.

#### \*\*[Pre-Reg] Pre-Registered Activities

**Arts and Chats with EarlyON Staff** [0 - 6 years] every Wednesday from 2:00 pm—3:30pm. Join the EarlyON team as we create art and crafts for the season.

### Please call 416-425-3636 or email earlyongroup@abionacentre.ca to Register

**Baby Love:** [2—15 months] Baby Love is a 7-week group for you and your baby designed to help you as a caregiver understand and respond to your baby's emotional cues through activities discussions and play. Join our Baby Love group to learn with other parents and build a secure connection with your baby.

**Food 4 Thought** [Moms 13—25 years] A program designed for young moms to improve cooking skills including knowledge in technique, meal planning and how to create healthier meals.

For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250 For Native Child and Family Services EarlyON

## ABIONA CENTRE FAMILY **RESOURCES**

Maternal Infant Mental Health at Abiona Centre-MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social -emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact EarlyON staff.

## WHAT'S HAPPENING THIS **MONTH?**

December 1st—Baby ASL Workshop with Bob Rumble @2:30 pm

December 4th & 8th— 2pm—4pm Baby Canvas Art, create some beautiful, unique art with your Baby

December 11th—Visit from Literacy Specialist Dave Page

December 11th—2pm—4pm Design your own Onesie

December 7th—15th—Hanukkah

December 14th, 21st, 28th—Circle Time with Literacy Specialist Kristi Block

**December 21st**—Pyjama and Movie Winter Solstice Party

December 25th—Christmas (Closed)

December 26th—Kwanzaa / Boxing Day (Closed)

#### Kuumba Workshops

December 5th—Sleep Hygiene December 12th—Healthy Eating

# EARLYON FEEDBACK AND **EARLY LEARNING CENTRE** INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor at 416-425-3636

