









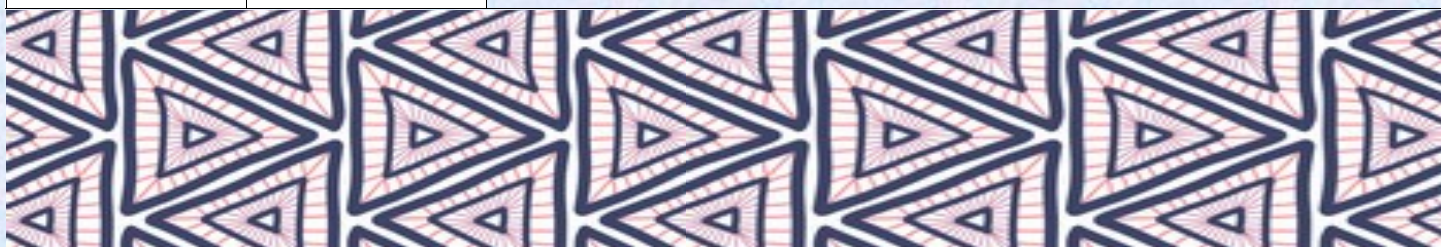




Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Positive Space		1 Morning Drop-In Tissue Paper & Pipe Cleaner Flower [0 to 6 years] 9:00am-12:00pm **Pre-Reg Little Artist [2.5 to 6 years] 2-3:30pm	2 Morning Drop-In Paper Bag Groundhog [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-4:00pm 	3 Morning Drop-In Diversity Paper Doll Chain [0 to 6 years] 9:00am-12:00pm *Brain Architect workshop 10:00am-11:00am Baby and Me Drop-in [0 to 12 months] 2-4:00pm	4 <p style="text-align: center;">Program Closed</p>
6 Morning Drop-In Maasai Necklace [0 to 6 years] 9:00am-12:00pm Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	7 Morning Drop-In Water Colour & Wax Art [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm 	8 Morning Drop-In Popsicle Stick Wand [0 to 6 years] 9:00am-12:00pm **Pre-Reg Little Artist [2.5 to 6 years] 2-3:30pm 	9 Morning Drop-In Stop Light Matching Game [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 4:00-6:00pm	10 Morning Drop-In Handprint Bouquets [0 to 6 years] 9:00am-12:00pm Baby and Me Drop-in [0 to 12 months] 2-4:00pm 	11 <p style="text-align: center;">Program Closed</p>
13 Morning Drop-In Heart Shaped Stained Glass Craft [0 to 6 years] 9:00am-12:00pm Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	14 Morning Drop-In Heart Stamps [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm 	15 Morning Drop-In Kente Cloth Collage [0 to 6 years] 9:00am-12:00pm **Pre-Reg Little Artist [2.5 to 6 years] 2-3:30pm	16 **Pre-Reg All Day Trip to the Royal Ontario Museum [0 to 6 years] 10:30am-2:30pm 	17 Morning Drop-In Tribal Mask [0 to 6 years] 9:00am-12:00pm *Resilience Workshop 10:00am-11:00am Baby and Me Drop-in [0 to 12 months] 2-4:00pm	18 <p style="text-align: center;">Program Closed</p>
20 <p style="text-align: center;">Program Closed</p> 	21 Morning Drop-In Pancake Day Kind World Sensory Bags [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm	22 Morning Drop-In Wear a Pink Shirt Day [0 to 6 years] 9:00am-12:00pm **Pre-Reg Little Artist [2.5 to 6 years] 2-3:30pm 	23 Morning Drop-In Paper Plate Peace Craft [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 4:00-6:00pm	24 Morning Drop-In Motown Ukulele Singalong Circle Crown Craft [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in [0 to 12 months] 2-4:00pm	25 **Virtual Programming on Facebook Outdoor Adventures 12pm Yazza Crafts -2pm Umbrella Cooking - 4pm Story Time—6pm
27 Morning Drop-In Masks Inspired by: Kimmy Cantrell [0 to 6 years] 9:00am-12:00pm Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	28 Morning Drop-In Potato Chip Craft inspired by: George Crum [0 to 6 years] 9:00am-12:00pm Afternoon Drop-in [0 to 6 years] 2-3:30pm				



OUR PROGRAMS

Morning and Afternoon Drop-In [0-6 yrs.]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [0-18 mths] and Baby and Me [0-12 mths]

Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

**[Pre-Reg] Pre-Registered Activities

The Little Artists program, for children 2.5-6 year olds will be fun and messy! This program encourages artistic self-expression, through the exploration of a variety of artistic mediums and tools. **Please call 416-425-3636 or email earlyongroup@abionacentre.ca to Register.**

*[Pre-Reg] Food 4 Thought [Mom's 13 to 25yrs.]

A program designed for young moms to improve food/cooking skills including increased knowledge in techniques and planning. In addition to the preparation of healthier meals.

***For more info regarding programs*
Please call us @ 416-425-3636 ext. 242
Email: earlyongroup@abionacentre.ca**

*For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250
For Native Child and Family Services EarlyON*

ABIONA CENTRE FAMILY RESOURCES

Maternal Infant Mental Health at Abiona Centre-MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social - emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact EarlyON staff.

WHAT'S HAPPENING THIS MONTH?

Groundhog Day Feb 2

Valentine's Day Feb 14

Random Acts of Kindness Day Feb 17

Family Day Feb 20-**Program Closed**

Pink Shirt Day Feb 22

****[Pre-Reg] Royal Ontario Museum (ROM) on Feb16. TTC tokens will be provided for families and entrance fee covered. **Remember to sign up****



EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor at 416-425-6348