

Tanuary 2023

Abiona Centre EarlyON Child and Family Program
1102 Broadview Avenue, Toronto ON M4K 2S5 416-425-3636



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Program Closed  Happy New Year	Morning Drop-In Cotton Ball Yeti [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years] 2-3:30pm	Morning Drop-In Swipe Art [0 to 6 years] 9:00am-12:00pm  **Pre-Reg Little Potters [3 to 6 years] 2-3:30pm	Morning Drop-In Lacing Boards [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years] 2-4:00pm	Morning Drop-In Show and Tell Day [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in [0 to 12 months] 2-4:00pm	7 Program Closed
9 Morning Drop-In Snowy Owl [0 to 6 years] 9:00am-12:00pm Infant and Toddler Drop-In	Morning Drop-In Sandpaper Art [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years]	Morning Drop-In Snowflake Twirler [0 to 6 years] 9:00am-12:00pm **Pre-Reg Little Potters [3 to 6 years]	Morning Drop-In Moon Sand [0 to 6 years] 9:00am-12:00pm  Afternoon Drop-in [0 to 6 years]	Morning Drop-In Recycled Art [0 to 6 years] 9:00am-12:00pm  Baby and Me Drop-in [0 to 12 months]	14 Program Closed
[0 to 18 months] 2-4:00pm	2-3:30pm	2-3:30pm	2-3:30pm  **[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 4:00-6:00pm	2-4:00pm	
Morning Drop-In Puff Patterns [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Snowflake Hop [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Lanterns [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Rabbit Craft [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Penguin Shapes Craft [0 to 6 years] 9:00am-12:00pm	21 Program Closed
Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	Afternoon Drop-in [0 to 6 years] 2-3:30pm	**Pre-Reg Little Potters [3 to 6 years] 2-3:30pm	Afternoon Drop-in [0 to 6 years] 2-4:00pm	Baby and Me Drop-in [0 to 12 months] 2-4:00pm	Trogram Closed
Morning Drop-In Super Puffs Towers [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Alphabet Bracelet [0 to 6 years] 9:00am-12:00pm	Morning Drop-In *Clothing Swap* Weaving Kilts Craft [0 to 6 years]	Morning Drop-In Stained Glass Craft [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Family Literacy Day [0 to 6 years] 9:00am-12:00pm	28 **Virtual Programming on Facebook  Outdoor Adventures
Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	Afternoon Drop-in [0 to 6 years] 2-3:30pm	9:00am-12:00pm  **Pre-Reg Little Potters [3 to 6 years] 2-3:30pm	Afternoon Drop-in [0 to 6 years] 2-3:30pm	Baby and Me Drop-in [0 to 12 months] 2-4:00pm	12pm Yazza Crafts -2pm Umbrella Cooking - 4pn
	3		**[Pre-Reg] Food 4 Thought [Mom's 13 to 25 years] 4:00-6:00pm		Story Time—6pm
Morning Drop-In Penguin Paint Splat [0 to 6 years] 9:00am-12:00pm	Morning Drop-In Snow Art [0 to 6 years] 9:00am-12:00pm				ti
Infant and Toddler Drop-In [0 to 18 months] 2-4:00pm	Afternoon Drop-in [0 to 6 years] 2-3:30pm		Positiv	e Space	



# **OUR PROGRAMS**

Morning and Afternoon Drop-In [0-6 yrs.]

Our morning and afternoon drop in program is for children ages 0-6 and provides opportunities for novel experiences, active engagement and learning from peers and adults. Children are offered a variety of social activities and are encouraged to explore the space at their own pace. Parents and care providers are encouraged to follow their children's lead while playing with them and use age appropriate language to describe their play so to enhance the child's memory, reasoning and speech development. Participants can develop connections with fellow participants and have access to community resources

Infant and Toddler Time [ 0-18 mths] and

**Baby and Me [0-12 mths]**Programs designed with our youngest participants in mind. We aim to provide a safe and secure environment that promotes social interaction and safe exploration. We offer experiences that appeal to infant's senses and contribute to their overall growth and development. Art, sensory activities, music and movements help children build on their fine and gross motor skills while exploring and learning about their environment and relating to new people and having their caregivers close by to guide and comfort them in case of distress. By being available when babies need them, caregivers support the development of stress management capacity and build on babies' emotional regulation will be a provided the company of the company o skills. We also invite community resources to come and share their expertise with us; Public Health Nurses, Literacy Specialists, and many more.

\*\*[Pre-Reg] Pre-Registered Activities

A brand new hands on pottery program for children 3 years to 6 years. Spaces are limited and sign up for this program is required. Please call 416-425-3636 or email earlyongroup@massey.ca to Register.

\*[Pre-Reg] Food 4 Thought [Mom's 13 to 25yrs.]
A program designed for young moms to improve food/cooking skills including increased knowledge in techniques and planning.

In addition to the preparation of healthier meals.

\*For more info regarding programs Please call us @ 416-425-3636 or email earlyongroup@massey.ca for more info and to Register

For EarlyON services in French please contact Centre francophone de Toronto 416-922-2672 poste 250 For Native Child and Family Services EarlyON

### **ABIONA CENTRE FAMILY RESOURCES**

Maternal Infant Mental Health at Massey Centre-MIMH - collaborates with EarlyON staff to promote optimal child and youth mental health and well-being, by focusing on the global development of children. Staffs work collaboratively to provide an evaluation of the child's developmental needs. After the child has turned one month of age we encourage caregivers to complete regular developmental screenings – Ages and Stages Questionnaire - so they can learn if their child's development is on schedule and also what parents can do to ensure the learning process happens as expected. Through these screenings the caregivers learn about the physical, cognitive and social -emotional needs of each individual child at different stages of development and become aware of the necessary support they can provide to facilitate their children's development. For more information contact EarlyON staff.

## WHAT'S HAPPENING THIS **MONTH?**

New Year's Day Jan 1-Programed Closed

National Spaghetti Day Jan 4

Martin Luther King Jr. Day Jan 16

Winnie The Pooh Day Jan 18

Lunar New Year Jan 22

\*Clothing Swap\* Jan 25-Bring in gently used

children's clothing.

## **EARLYON FEEDBACK AND EARLY LEARNING CENTRE INFORMATION**

If you have questions about Childcare enrollment or suggestions on how we can improve our EarlyON Child and Family Centre program please contact the Abiona Centre Child and Family Program Supervisor at 416-425-6348

