



massey
centre

new lives start here

ANNUAL REPORT 2016-2017

Board President and CEO Message 2016–2017

The 2016-2017 year was another successful one at the Centre. Our work at the governance and operational levels continued to produce important outcomes for the vulnerable young moms, their babies, families and children we serve.

There is so much to celebrate with three of the young moms graduating from our high school program. Two of them enrolled in postsecondary programs and one received a scholarship from a private foundation. The New Lives Start Here program registered 10 young moms and their children in the Housing and Education program. This program helped the young moms to navigate and manage the impact of the stress and stigma of being young parents, and enhanced their parenting and child development skills while focusing on their academic studies.

An Infant Parent Development Clinic (IPDC) was developed in partnership with volunteer Dr. Chaya Kulkarni, an expert in infant mental health who also resides in our community. The IPDC offered families with children from birth to three years old opportunities to learn about and enhance their parent-child relationships.

We offered Baby Love: Supporting Infant Security, attachment based preventive intervention training to our employees along with employees from our partner organizations. The training was provided by the developer of Baby Love, Dr. Jean Wittenberg.

Canada-Ontario Agreement on French-Language Services funding supported our work with the Ontario Association of Young Parent Agencies (OAYPA) to conduct a French-Language Services (FLS) needs assessment, identify gaps, create a FLS Plan to help OAYPA organizations build their FLS capacity and additional resources; and, develop a plan to support at least one Toronto OAYPA member to develop FLS services and referral protocols.

In August the Minister of Children and Youth Services, the Hon. Michael Coteau announced the Partnership Facility Renewal Program from which Massey Centre received close to \$1 million for much needed minor capital projects in the Prenatal Residential and Postnatal Transitional Housing programs.

Our CEO was active on sector-wide tables. For example, the Toronto Lead Agency, East Metro Youth Services (EMYS) tapped our CEO to Chair the 0-6 Age Related Work Group that made recommendations that would inform EMYS Core Service and Community Plans. She also participated as a member of the Toronto Lead Agency's Work Groups: Residential, 0-6 Centralize Point of Access Work Group and the FLS. Last year she was also invited to participate in focus groups with the ministries of Housing, Health and Long-Term Care, Community and Social Services and Children and Youth Services to provide input on supportive housing-related initiatives.

The Board of Directors was very busy this year planning our first annual Cook for New Lives Gala. The event attracted over 260 people and raised almost \$50,000.

Union negotiations also dominated the Board's time as they provided governance support to the senior management team. We are very pleased to report that we have signed a three-year contract with the Union. As we wrap up this year, the Board and the entire organization is in the middle of Accreditation preparation. We look forward to our review in 2018.

The Board, management, staff, volunteers and students continue to work collaboratively to achieve our mission, vision and values. We would like to thank everyone for their efforts in helping our clients and the organization achieve positive outcomes. It is your commitment, capacity, skills and passion that help our clients and Massey Centre to succeed.

Thanks to all our funders, donors and supporters. Please know that your support is critical and contributed immensely to our very successful year. Your help made it possible for each of the individuals we serve to start a new life. We could not achieve this without you.



Jennifer Dockery
Board President



Ekua Asabea Blair
Chief Executive Officer

BOARD OF DIRECTORS 2016–2017

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Ekua Asabea Blair, Chief Executive Officer, ex-officio

NUMBERS MAKE A DIFFERENCE

Total of **3,128** moms, babies and caregivers served, a **21%** increase

2,637 children and caregivers attended our family support programs, a **5%** increase

10 young moms earned **24** credits in the on-site high school

48 young moms and babies lived in the Postnatal Transitional apartments/townhouses

74 volunteers and students contributed **3,257** hours

78 children received support in the Early Learning Centre

137 moms and babies received one-on-one maternal infant mental health support

31 young moms and babies lived in the Prenatal residence

130 young moms received one-on-one support with community resources

10 moms and their children participated in the New Lives Start Here program

53 parents & children attended the 14-week Infant Parent Development Clinic



PREVENTION AND INTERVENTION

- Baby Love—Supporting Infant Security individual/group sessions
- Counseling including mental health, addiction issues, and postpartum
- Domestic violence workshops
- Infant and early childhood development screenings—Ages & Stages Questionnaires (ASQ)
- Sex trafficking/sex trade prevention workshops

BASIC NEEDS

- Clothing
- Food
- Health care
- Postnatal Transitional housing
- Prenatal Residential housing

SUPPORT

- Childcare
- Life skills support
- New Lives Start Here program
- Ontario Early Years Centre
- Parent relief
- After care for ex-residents

SERVING YOUNG MOMS AND THEIR BABIES

The girls come to Massey Centre for a variety of reasons.

At the top of the list is their desire to keep their babies. They are often homeless, experience stigma, and need a safe home and the support to develop parenting and life skills to improve their lives so they can be good parents to their children.

They also aspire to complete their secondary or postsecondary education or training but cannot afford market rent in the community, educational costs, and living expenses.

Massey Centre works tirelessly to address their needs. The wraparound programs, services and support offered 24/7 to the young families allow them to heal from the trauma they have experienced, grow and learn.

Our supports are cost-effective. Research shows that a young parent and infant can receive effective care and treatment together in the same setting at less cost than custodial infant care alone within the child welfare system (Rosalie Hall 2004). This is particularly enlightening as more than 50% of the young moms and their babies have or had child welfare involvement during their young lives.

The programs, services and supports they receive means new lives start here every day.

INFANT/EARLY CHILDHOOD DEVELOPMENT

Infant Mental Health—Secure Attachment

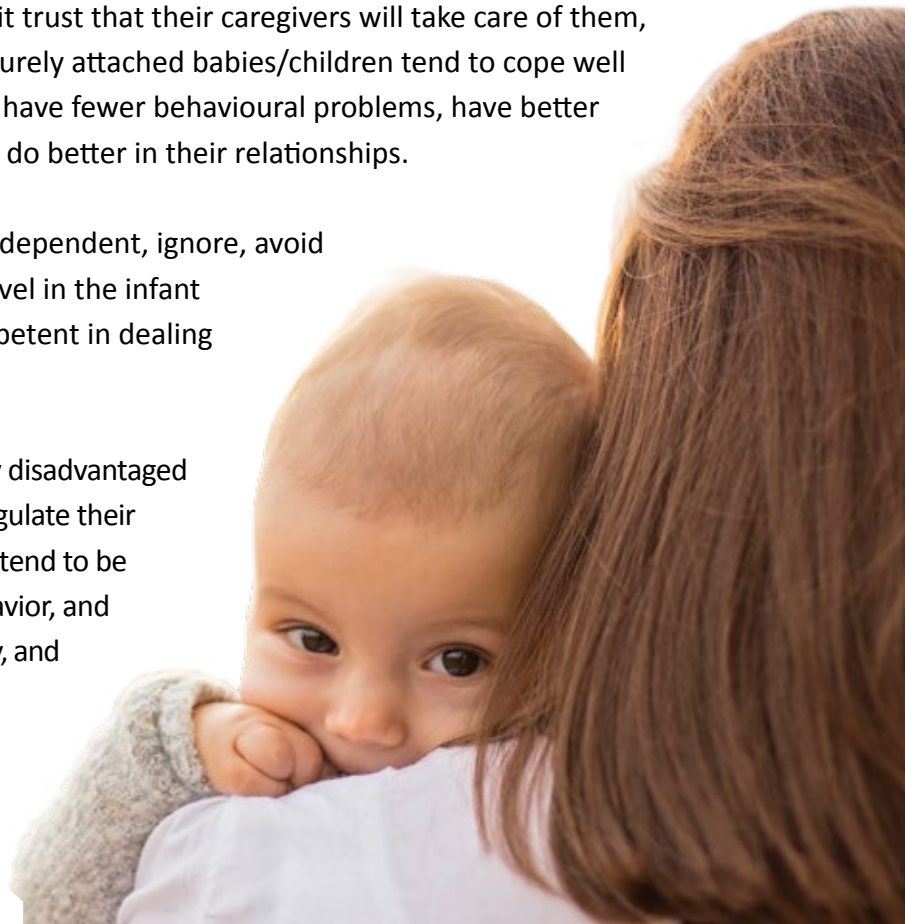
Achieving secure infant attachment supports the long-term mental and physical wellbeing of children. This is one of the reasons pregnant and parenting adolescents seek support here—they wish to give their children a better start in life, learn parenting skills and about their babies' development.

Optimal child development starts with secure attachment. Unfortunately there is also insecure attachment, and disorganized attachment which have increasingly negative outcomes throughout a person's lifespan. Massey Centre uses the evidence-based preventive intervention program, Baby Love – Supporting Infant Security, created by Dr. Jean Wittenberg, Staff Psychiatrist, Infant Psychiatry and Co-Chair Infant Mental Health Promotion at The Hospital for Sick Children to help the young moms provide security for their babies.

Babies/children who are securely attached exhibit trust that their caregivers will take care of them, and will know how to deal with stress better. Securely attached babies/children tend to cope well in social situations, are emotionally more stable, have fewer behavioural problems, have better school readiness and educational outcomes, and do better in their relationships.

Children who are insecurely attached tend to be dependent, ignore, avoid or cling to their caregivers, function at a lesser level in the infant development domains, and are less socially competent in dealing with others.

Children with disorganized attachment are severely disadvantaged because of the long-term effects. Their ability to regulate their emotions is severely compromised. These children tend to be aggressive with their peers, exhibit controlling behavior, and dissociative symptoms, have low social competency, and are likely to develop addiction and/or substance use disorders as coping mechanisms to deal with stress.



Massey Centre uses the evidence-based preventive intervention program, Baby Love—Supporting Infant Security

The young moms participate in the **Baby Love** individual sessions before and after their babies are born. They learn:

- To better understand baby's communication
- Serve (baby) and return (caregiver) techniques
- That when baby looks away from one interaction, he/she needs a new interaction
- Not to overstimulate or cause the baby stress
- To observe that where baby looks influences how he/she feels, and knows how to support baby
- That if caregiver is upset, baby gets upset too, and they understand how to calm themselves and the baby
- Various ways to deal with baby's distress and understand that baby needs support
- That thinking about violence and abuse they experienced in the past, causes baby to be upset as baby picks up on how mom feels in the moment



For example, during her weekly Baby Love sessions Katie learned how to interact with Jordan, how to read his cues, understand what he is thinking or feeling. She learned how to control her own emotions. This enabled her to better understand Jordan's emotions.

Katie learned that if Jordan cries and she gets agitated, her behaviour upsets him even more. She learned how to calm them both. When Jordan meets new people he looks at his mom for re-assurance which she can give simply with a nod.

Katie has received many comments including from his pediatrician about how well he is attached to her. She and Jordan continue to attend Baby Love sessions and she strengthens his attachment by attending to his needs and calming him when his mood changes. She is constantly learning how to respond to his changing needs as he grows.

Ultimately, program participants become more responsive to their children, understand the importance of how they influence their children's experience, and are curious and open to new learnings.



Child & Family Centre

The Ontario Early Years Centre (OEYC) offers free drop-in programs and child development sessions for parents and caregivers and children, aged 0–6. The community-based program offers daily sessions that include story and song time, sensory activities, crafts, outdoor play, and a healthy snack, and support early learning, literacy, school readiness, and maternal infant mental health programs. All of the programs are play-based and lively as everyone gather around for the daily sing-along.

The Early Learning Centre accommodates 46 infants, toddlers and preschoolers, aged 0-3½. As a high-quality Centre the children benefit from a positive learning environment that enhances their development. The programs are play-based that stimulate the children’s communication and social skills through child-to-child and adult-to-child interactions, fine motor development, gross motor development through physical and outdoor play, self-esteem and decision-making capabilities, social emotional skills, curiosity, initiative and independence.

Infant Parent Development

Community parents with newborns to age 3 benefited from the 14-week Infant Parent Development Clinic. The topics addressed in the Clinic included the importance of developmental screening, brain development in infants, crying and attachment, fussy baby, sleep and sleep regulation, and behavioural challenges in infants.

The participating parents completed Ages & Stages Questionnaires (ASQ) to learn about their children’s development. They found the group discussions useful.

All parents received brief counselling, parenting support, and adequate time to address their questions/concerns. Children identified with developmental issues were provided with parent/caregiver-child dyadic follow-up and ongoing sessions with the clinician.



FOCUSSING ON EDUCATION

Education is one of the pillars of all our programs.

Many of the young moms who come to Massey Centre for support did not complete high school, and had unfortunate educational experiences before they became pregnant. These experiences became barriers which could have prevented or stalled their return to education before or after their babies were born.

Massey Centre in collaboration with the Toronto District School Board offers an onsite Section 23 Secondary School Treatment program where pregnant or parenting young moms who live here or in the community can complete grades 9-12 credits and earn their high school diplomas.

In the classroom, the teachers and Child and Youth Workers offer one-on-one support to the young moms. Our staff delivers a treatment program daily that addresses the social and emotional barriers that affect the students' ability to fully participate in the academic components of the school program. Emphasis is placed on their capacity for learning and their style of learning. The treatment component involves discussing current events, and the delivery of programs that are relevant to the young moms' current situation. The programs include parenting skills, critical thinking, life skills, social skills, healthy relationships, domestic violence, substance use, etc.

One of the moms in the school missed many classes and wasn't keeping up with her studies. Upon discovering that she was financially challenged and had to work extra shifts, she was supported in getting her financial assistance re-instated. Upon receiving this support she did not miss any more classes, got caught up, and earned her credits.

Last year, of the 22 young moms attending the school for varying lengths of time, 10 successfully earned 24 credits moving them closer to graduation. One of the students who earned her diploma in the Class of 2016 successfully completed the first year at George Brown College in the Child and Youth Care Program. Another student graduated from the one-year Dental Assistant Program and has secured a full-time job.

Volunteers were a key component in the school as they provided parent relief for the moms who did not have child care support. This valuable service enabled the babies to be taken out of the classroom allowing the moms to focus on learning.

YEAR'S SUCCESSES

22

young moms
attended the school

10 successfully
earned
high
school
credits 24

1 graduated
from the
one-year
Dental Assistant
Program and
has secured a
full-time job

IN HER OWN WORDS

Looking back on my first year of college I feel I have accomplished a lot and have grown as a young woman and professional, thank you in large to Massey Centre. My love for learning really started with the teachers at Massey Centre who always challenged me and gave me opportunities to try harder in my studies.

I started my postsecondary school year after being awarded a \$10,000 Spring Scholarship from the Cannonbury Foundation. Massey Centre nominated me for the scholarship, and submitted a letter of reference highlighting my strong work ethics and passion for my chosen field—Child & Youth Care. I was accepted thanks to the amazing reference and my financial need. This scholarship will be used throughout my three-year program, and I have already been able to accomplish a lot with it. The scholarship went towards my tuition, books, and a four-day Restorative Justice Course for which I have received certification.

I had to reflect a lot this year on the ways my life has impacted my future and why I had chosen this career. For a long time, the only guidance and family I had were Child & Youth Care workers from various fields that I was associated with.

I think about the women that work at Massey Centre and the ways they have continuously cared for me even after being enrolled in postsecondary studies. I can still call them any time, and they give me the support, information, and guidance I need to go further in my life. They continuously help me with any paper work or applications I am unsure how to complete.

Whenever I visit they are always overjoyed to see me, and have indicated that I can use them as references in future employment or college placement to represent the ambitious student I was with them and continue to be.

I want to give to vulnerable youth what Massey Centre and my mother-in-law have given to me, and that is stable base. Having just one person care for you and support you the way these women support all the young mothers is what I want to give to other vulnerable youth.



I was very alone for a long time in the child welfare system, and finally having a continued support system from Massey Centre has enabled me to believe in myself and accomplish so much. I worked very hard this year and made Academic Honour Roll in both semesters. I ended the school year with a 3.96 GPA that I am very proud of. Unlike most of my peers I often had to work harder than everyone else and be very keen on time management because I am raising a little boy. I created a study schedule that didn't take away time from playing or going out with my son. I studied and wrote all my assignments once I had put my son down, and often woke up at dawn to complete or review them.

There were moments when I was very overwhelmed and tired from all my obligations. Juggling both motherhood and postsecondary studies was not an easy job. I made sure to do a lot of self-care whenever possible and really found that working out relieved a lot of my anxiety and stress. I accessed my school's gym whenever possible and I have made taking care of my health a priority.

During the school year there were many tough topics that touched home for me and reflected on the adversities that I had gone through in my life. In one of our classes we were given an assignment to write a letter to ourselves that we would receive at our graduation highlighting what we want to tell our younger selves and what we want to accomplish. This was a chance for me to let go of a lot of the things I went through.

My adversities have shaped me into a stronger and caring person, but I no longer want them to affect me or be my life story. I have grown and I am not alone in this anymore. I have great supports now like Massey Centre and other people who mean very much to me. The letter symbolized that now I am ready to be there for other youth in need the way I once was. It was a very therapeutic process.

Not having school for the summer was very hard, and not having any job experience really limited the areas of work I could find or be accepted for.

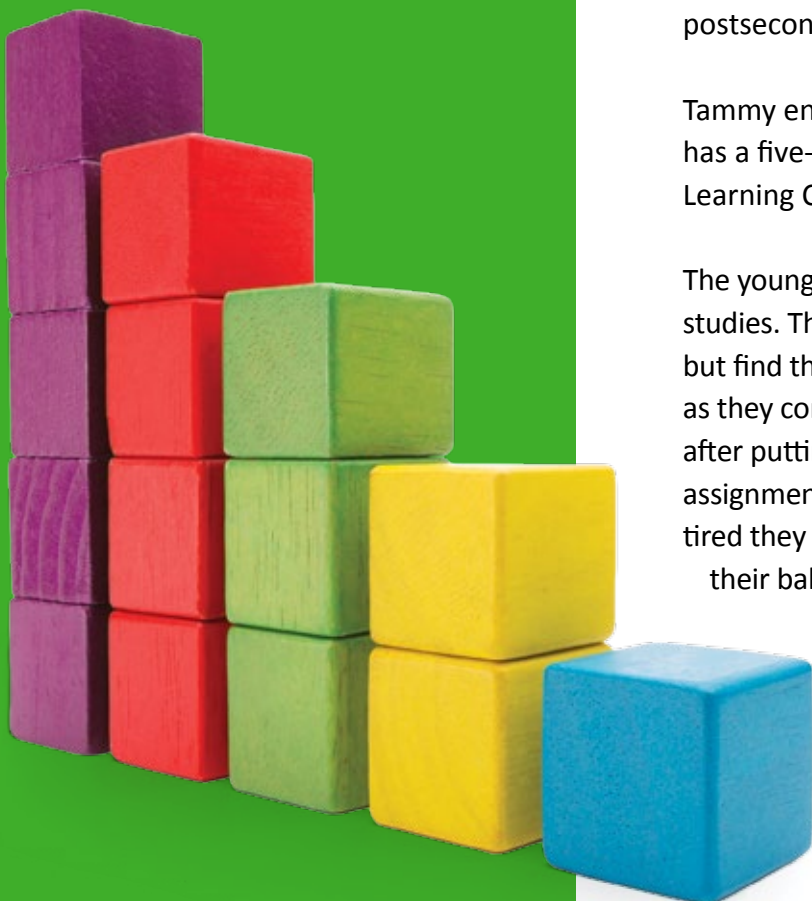
Thankfully, I heard of a summer opportunity at Massey Centre, applied and was hired. It is a great opportunity to work at a position in my field and gain valuable experience as I hone in on my Child & Youth Care skills. It has also given me a chance to experience the paper work that comes with being a Child & Youth Care worker. The positive atmosphere and working with the clients really made my summer, and I will leave with a new profound love for the profession and for Massey Centre.

Justice, a young mom and postsecondary student



Some of the postsecondary programs that the girls have completed or are pursuing include:

- *BSc. in Humanities*
- *BSc. in Biology*
- *Event Planning*
- *Dental Assistant*
- *Child & Youth Care*
- *Chef's Program*
- *Esthetician*
- *Beautician*
- *Academic upgrading*



HIGHER EDUCATION – KEY TO SUCCESS

The New Lives Start Here program makes what many young moms thought was impossible possible.

Getting pregnant as a teenager is a daunting experience. From that day forward they are responsible for another person and do not have the necessary supports to get through it successfully.

Tammy arrived here four months pregnant. She was a university student, but she had to leave home. Prior to telling her parents about her pregnancy, she was filled with fear that her chances of completing her degree would never happen. Some days were worse than others. She arrived at Massey Centre and her life changed even more.

The New Lives Start Here program offers safe, stable housing and ongoing support for 10 pregnant or parenting young moms for up to four years while they complete postsecondary studies or vocational training.

Tammy entered the New Lives Start Here program and now has a five-month old son who is attending the onsite Early Learning Centre while she attends classes.

The young moms in the program have all excelled in their studies. They are exhausted after attending full day classes, but find the strength to give the babies their full attention as they continue to bond. They do their household chores after putting the little ones to bed. Then they complete assignments or study. They never hesitate to share how tired they are, but they are all fully committed to raising their babies, and completing their education.

The young moms cannot do it alone and are grateful to the donors who have helped to cover program expenses, provided scholarships, and monthly incentives.

Young Moms Developing Life Skills

Almost 300 young moms and babies have benefited from the implementation of the Inventory for Independent Living for Young Mothers & Babies (Jean Wittenberg and Angela Prencipe, 2012) – an empirically supported tool that measures the effectiveness of life skills. The implementation tool has been remarkable because of the often limited amount of life skills the young moms have due to the settings in which they were raised.

The Inventory consisted of 10 domains which were increased to 13 to ensure a well-rounded skills development experience factoring in the young women's lived experience.

The young moms successfully completed pre- and post-assessments to determine their knowledge levels, and readiness for independent living at Massey Centre or in the community.

Current trends and feedback from the young moms influenced the addition of Use of Technology as a new domain. Also added was Domestic Violence because over 70% of the young moms identified as having experienced or witnessed violence in their lives. Housing and Housekeeping were separated into two domains.

Several programs were developed for the new domains to help enhance the moms' skills.

- **Use of Technology** – training and support on safe use of social media, including preventing online bullying as well as about the inappropriateness of posting nude pictures of their children
- **Domestic Violence – a weekly Breaking Free - Let's Talk** program that helped the young moms to address systemic violence against women and deal with the trauma of being involved in sex trade/trafficking
- **Housekeeping** – one-to-one support provided to help the moms develop and practice good housekeeping in their dormitories (Prenatal) and apartments/townhouses (Postnatal)

The Breaking Free – Let's Talk program was a vital addition because over 30% of the young moms identified as having involvement in sex trade/trafficking. It was one of the best attended programs with continued requests from the girls for its continuance. During the sessions almost 75% of the moms shared incidents which they did not label as sex work/trafficking but they were.

During a session one mom disclosed details of the relationship with her boyfriend. The police was immediately called and the boyfriend was later arrested. She continues to receive counselling support to help her deal with the associated trauma. She was also assisted in accessing additional resources.





REVENUES

\$4,284,402

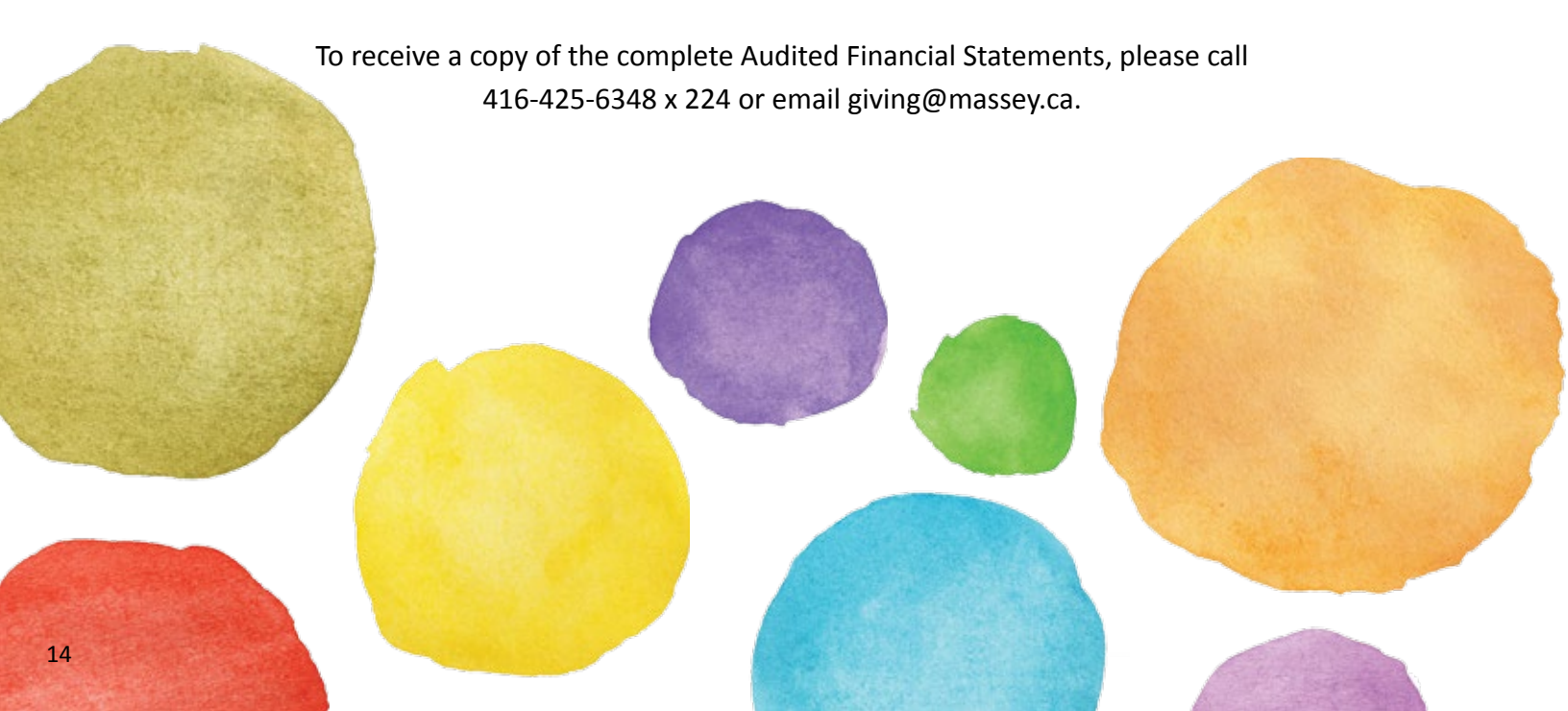
Government Funding	77%	\$3,287,379
Fundraising	7%	\$329,554
Special Project Donations/Grants	7%	\$294,677
Rental & Other Income	5%	\$201,302
Amortization of Deferred Capital Contributions	4%	\$171,490

EXPENSES

\$4,216,737

Programs	88%	\$3,709,094
Special Projects	7%	\$294,794
Management and Administration	5%	\$212,849

To receive a copy of the complete Audited Financial Statements, please call
416-425-6348 x 224 or email giving@massey.ca.



Thank you funders and donors!

\$ 20,000 AND OVER

The Arthur & Audrey Cutten Foundation
Peter Gilgan Foundation
Greater Toronto Apartment Association
RBC Foundation
TD Bank Group

\$ 10,000–\$ 19,999

Compugen Finance Inc/Green4Good

\$ 5,000–\$ 9,999

Aqueduct Foundation c/o Scotiabank
CIBC Children's Foundation
Crown Realty Partners
Audrey S. Hellyer Charitable Foundation
The Ben & Hilda Katz Charitable Foundation
Alice & Murray Maitland Foundation
Nixon Charitable Foundation
Ontario REALTORS Care® Foundation
The Toskan Casale Foundation

\$ 1,000–\$ 4,999

A & A King Family Foundation
Chubb Insurance Company of Canada
Comart Foundation
The Dawson Family Sharing Foundation
Dowdall Family Foundation
Frank M. Hack Pharmacy Ltd. - Shoppers Drug Mart
LIFE Foundation
The McLean Foundation
Ontario Secondary School Teachers' Federation
Active Retired Members Chapter 12 - Toronto
The Rotary Club of East York
Toronto East Rotary Club

GOVERNMENT OF CANADA

Canada Revenue Agency,
Children's Special Allowances

Human Resources & Skills
Development – Canada Summer Job

PROVINCE OF ONTARIO

Ministry of Children
and Youth Services

Ministry of Community
and Social Services

Ministry of Education

CITY OF TORONTO

Community Homelessness
Prevention Initiative/Homeless
Initiative Fund

Community Service Partnerships
Program

Investing in Neighbourhoods

Toronto Children's Services

Health and Safety





\$ 500-\$ 999

The Big Carrot

CHUM Charitable Foundation

Fidelity Investments

Lee and Patrick Howe Family Foundation
at Toronto Foundation

Peter Moscone Holdings Inc

Ramp Communications Inc

The Working Group Inc

ESTATES

Estate of George Siddorn



INDIVIDUALS

\$ 5,000-\$ 9,999

Cindy Blakely

Patti Bunston-Gunn & Stephen Gunn

Susan and Gregory Guichon

Andy & Kris Hollenberg

MacBain Family



\$ 1,000-\$ 4,999

Anonymous

Ekua Asabea Blair

Nancy Brown

Marsha Copp

Marjorie Dixon

Ann Laughlin

Laurie McLachlan

Barbara Mitton

Edward Popp

Hilary Smee

Kathleen Spence

Stephan & Jeannie von Buttlar

\$ 500-\$ 999

Anonymous

Jonathan Abbatt & Chiho Tokita

Omo Akintan

Wendy Atkinson

Jean Ballinger

Michael Blair

Karen Boctor

Janet Bodley

Enrico & Donna Dilello

Jennifer Dockery

Silke Dorego

Pamela Hodgson

Emily Lam

Gail MacNaughton

Paulett Ramsey

Andrea Schabkar

Chris Schulz

Wilma Spence

UNITED CHURCH CONGREGATIONS AND UNITED CHURCH WOMEN'S GROUPS

Asbury & West United Church

Asbury & West United Church Women

Beach United Church Women

Bedford Park United Church Women

Bloordale United Church Women

Caledon East United Church Women

Camlachie United Church Women

Centennial Women (Stayner)

Central United Church

Central United Church Women (Sault Ste. Marie)

Cummer Avenue United Church Women

Dalrymple United Church Women (Sebright)

Deer Park United Church

Eady United Church Women

Eglinton St. George's United Church

Emmanuel United Church Women

Epsom-Utica United Church Women
 Fairbank United Church Women
 Fairlawn Avenue United Church
 Fairlawn Heights United Church Women
 Flora McCrae UCW Group of Timothy Eaton
 Memorial Church
 Forest Grove United Church Women
 Georgian Shores United Church Women
 Glen Rhodes United Church Women
 Glenburnie United Church
 Goodwood United Church Women
 High Country United Church Women
 Hope United Church Women
 Humber Valley United Church Women
 Humbercrest United Church Women
 Humbervale United Church Women
 Kincardine United Church Women
 King City United Church Women
 Kingsway-Lambton United Church Women
 Knob Hill United Church Women
 Knox United Church
 Knox United Church Women
 Knox United Church Women (Sutton)
 Lansing United Church Ladies
 Leaside United Church
 Lemonville United Church Women
 Living Waters Presbyterian United Church Women
 Locust Hill United Church Women
 Manor Road United Church
 Manor Road United Church Women
 Monticello United Church Women
 Norval United Church Women
 Palgrave United Church Women
 Parkwoods United Church
 Parkwoods United Church Women
 Richmond Hill United Church Women
 Riverside-Emery United Church Women
 Sandford United Church Women
 Scarborough Bluffs United Church Women
 Schomberg United Church Women

Shining Water Presbyterian United Church Women
 South West Presbyterian United Church Women
 St. Andrews United Church Women (Markham)
 St. Andrew's United Church Women (Ripley)
 St. Bartholomew's United Church Women
 St. James Centennial United Church Women
 St. James United Church Women
 St. John's United Church Women (Alliston)
 St. Matthews United Church Women (Richmond Hill)
 St. Paul's United Church Women (Brampton)
 St. Paul's United Church Women (Midland)
 Stouffville United Church Women
 The Donway Covenant United Church
 Ladies Fellowship Group
 The John Abraham Endowment Fund
 at The United Church of Canada Foundation
 The Presbyteries of Toronto Conference Corporation
 The United Church of Canada
 The United Church of Canada, Toronto Conference
 The Wesley C. Smith Fund and The Watkins Fund
 for Poverty and at-Risk Youth and Children at
 The United Church of Canada
 Toronto Southeast Presbyterian UCW
 Toronto United Church Council
 Tottenham United Church Women
 Trinity United Church Women (Cobourg)
 Trinity United Church Women (Collingwood)
 Trinity United Church Women (Grand Valley)
 Trinity United Church Women (Hastings)
 Trinity United Church Women (Ingleside)
 Trinity United Church Women (Iroquois Falls)
 Trinity United Church Women (Newmarket)
 Trinity United Church Women (Shelburne)
 Trinity United Church Women (Uxbridge)
 United Church (Woodbridge)
 United Church Women of Northlea
 Westway United Church Women
 Willowdale Emmanuel United Church
 Winchester United Church Women
 Zion United Church Women (Sundridge)



MISSION

Massey Centre is a client-centred infant and early childhood mental health organization. We serve two main community-based groups of clients: vulnerable pregnant and parenting adolescents and their children, and families and caregivers from the local community.

Our goal is to improve their lives through integrated evidence-informed practice, education and transitional supports.

VISION

Massey Centre will be Toronto's leading provider of infant and early childhood mental health services.



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